

FOOL

April

LOL
HA-HA!
2024



National Humor Month!

Stop overthinking & start overplaying!



Laugh it up & play!



Be a Goofball in Training!!



1 

Make a list of 30 goofy things you can do all month! Be a goofball in training!

2 

It's National Peanut Butter & Jelly Day!
Pack up your cares, PB&J & Oreos and go have a picnic in the park! Be a kid again!

3 **It's Find a Rainbow Day!**
Find Yours! (psst... it may be inside!) 

4 

National Quit Worrying Day!
(We made this up but it's a good one!) This week, make an effort to stop overthinking!

5 **Skip today! Don't worry what anyone thinks!** 

6 

Make it a Teflon Day!
Don't let negative things stick to you. Let it go today!

7 **National Beer Day!**
Celebrate with a root beer float today! 

8 

Total Solar Eclipse Day!
Come out of the darkness to something new and exciting!

9 **It's "NATIONAL UNICORN" Day!**

Tell someone they are a unicorn today!

10 

National Siblings Day!
Blame something on your sister or brother!

11 

Watch some stand-up comedy routines.

12 

Call in sick and have a play day today!

13 **It's National Scrabble Day!**
Play a game! Swear or politically incorrect words get double points!


14 **National Pecan Day!**

Be a nut! Share some nuts!

15 **LIFE IS BETTER WHEN YOU DANCE!**

Dance today in public! Make someone smile with your moves!

16 **Buy everyone in your office a pair of Groucho glasses today!**


17 **Haiku Poetry Day!**
Create a funny haiku!
That's too much bacon.
Please just bring me some kale chips.
Said no one ever.

18 

Buy a bottle of bubbles and have some fun!!

19 

Go outside and play in the rain!
No Rain? Then just skip again! Do something fun and goofy outside!

20 **Look Alike Day!**

Schedule lunch with friends and ask everyone to wear pink!

21 **Walk on the Wild Side Day!**


Do something that no one would expect you to do! Take the leap!

22 

Earth Day!
Go get dirty! Go hug a tree!


23 

Today is the PINK FULL MOON!
It symbolizes rebirth & renewal! Plan a fun, goofy ritual!

24 

It's Wackadoodle Wednesday!
Do something whacky that you've never done before!

25 **It's Hairstyle Appreciation Day!**
Do something crazy fun with your hair today! 

26 **Make it a Crazy Hat Day**
at your office, with your family, or just on your own! 

27 

Stream a Comedy Today! Take time to Laugh!

28 

Do only things that make you happy today!


29 **Love a Dandelion Today!**

Today, look for the positive. Some see weeds, some see wishes. Make a wish!

30 

Let everything go today!

 **Spread joy and laughter, have fun and embrace the lighter side of life!**

the Happiness element  **Camp Atta Girl!**

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